

Market Psychology

16 Trading
Commandments

Mindset Matters

TheCryptoDen

Mindset Matters



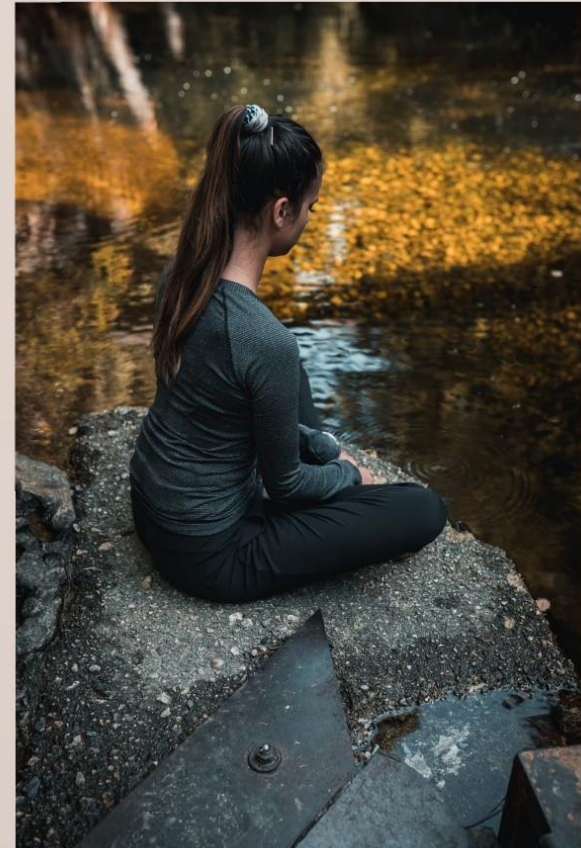
FIXED MINDSET

- > Success comes from talent.
- > I'm either smart or dumb.
- > I don't like challenges.
- > Failure means I can't do it.
- > Feedback is a personal attack.
- > If you succeed, I feel threatened.
- > If something's too hard I give up.



GROWTH MINDSET

- > Success comes from effort.
- > I can grow my intelligence.
- > I embrace challenges as a chance to grow.
- > Failure means I'm learning.
- > Feedback helps me grow.
- > If you succeed, I'm inspired.
- > I keep trying even when I'm frustrated.



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16 Trading Commandments

- Don't place a trade before your morning Coffee/Protein shake
- ALWAYS stick to MY trade plan
- Trade WITHOUT emotion
- Never chase a trade
- ALWAYS set stop losses during/after placing trade
- Protecting capital comes before making profits
- Use RR tool when plotting charts
- Don't enter a trade if you're not in the right mindset
- Always take profits!
- ONLY place trades based on YOUR TA
- Do not take signals
- Lose the Crowd
- Don't break the rules
- Avoid "Market Gurus"
- Make Peace with your Losses
- Take Ownership



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